

JAT News



JEWISH ACTION AND TRAINING FOR SEXUAL HEALTH

Autumn & Winter 2009/10



From the Chair Ruth Hilton

First of all I should apologise for not introducing myself properly in the previous JAT News. My name is Ruth Hilton and I was elected Chair of the Board of Trustees at the beginning of 2008.

Since my last update some things have changed, some remain the same.

Fundraising is still a major issue as many of our major fund providing bodies are less able to support us to the extent they have in the past. With that in mind the Trustees are currently working on a strategy for JAT for the next three years. We hope this will place us in a better position for success with any funding bids we make.

In addition to continuing to seek funds from trusts and statutory bodies, creative thinking has identified other fund raising possibilities and we have held a number of smaller events that have all been successful in both publicising JAT and contributing something to our coffers. Janine has been instrumental in suggesting ideas and organising these events. Although we are still managing to keep financially afloat, without significant injections of money this may not be the case in the future.

During the last six months we have said goodbye to Ann Dorff our long-standing office administrator who decided to retire and to Meir Adler our Education Worker who has gone on to bigger and better things. Our grateful thanks go with them for everything they have contributed to JAT in their time with us. Ann's successor is Martin Howard who has proved to be a very able and welcome addition to the staff team. Meir's post is currently being reviewed and we hope to appoint someone next year.

Neil Levitan, our one time Education Worker, has joined the Board of Trustees and this considerably reduces the average age of the Board - important as we work with so many children and young people. Neil's experience, energy, enthusiasm and ideas have already proved very informative and stimulating at Board meetings.

As I write JAT is in the middle of a Season of Celebration to mark our first 21 years. For the first event of the Season the Chief Rabbi Lord Sacks and Lady Sacks generously held a reception for us at their home. Some of our other patrons, many donors and working partners were able to join the Trustees for the evening. The Chief Rabbi made it clear in his address how important he believes our work to be. Laurence Lewis, one of our Trustees, replied with a clever, pertinent and amusing speech based on the Hebrew letters for 21. It was a wonderful opportunity to meet many of our supporters and our thanks go to everyone involved for making the evening such a success.

On Sunday 15th November, Mitzvah Day, we held a 21k Event. 13 people and a dog were sponsored to participate in the event and 7 more supporters donated their time to act as marshals. Again, our grateful thanks to everyone involved.

We have other events planned to mark this auspicious year - a celebration party for all past and present volunteers, staff and trustees and a Multi-faith Education Forum for anyone interested in this developing aspect of our work. For more information please ring the office, 020 8952 5253 or look on the website.

I wish you health and happiness over the forthcoming winter.

Friends of JAT - fundraising update

Book Swap



In September, a Friend of JAT hosted a charity Book Swap in her home. Not only was the Book Swap very successful, yielding a profit of £300, but it was also a wonderful opportunity to participate in a pleasurable get-together and catch up with friends. For information on how to organise this sort of event please contact Janine Clements

21k Cycle Ride



In October, two Friends of JAT challenged themselves to a non-stop 21hour Cycle Ride in Mallorca which due to torrential rain was deferred for just one day. £1030.50 was raised by the intrepid cyclists who endured injury, exhaustion, nausea and a 5000ft mountain climb on the way to their triumphant success as darkness fell on Soller.



If you ever wanted to do a parachute jump now is your chance! JAT is looking for an adventurous volunteer (or 3 or 4) to make a fund raising parachute jump. If you get enough sponsorship you jump for free!

If this idea appeals get in touch with Janine at JAT

The Chief Rabbi's Reception for JAT



Patrons Professor Michael Adler, CBE, Lady Morris of Kenwood and the Chief Rabbi, Lord Sacks with JAT Chair, Ruth Hilton and Trustee, Laurence Lewis.

Health & Well-Being in Education

On the 10th and 11th November, JAT participated in the newly introduced Health and Well-Being in Education Conference hosted at the NEC in Birmingham by Healthy Schools, School Food Trust and Stay Wise. Delegates represented hundreds of organisations from across the UK and the event aimed to enhance awareness and promotion of health and well-being for young people throughout the UK's schools and population. Exhibitors displayed details of their individual organisations and interacted with delegates, providing information and answering any questions. Workshops covered a wide range of aspects pertaining to young people's health and well-being. Such organisational interaction and workshops proved highly informative and constructive to JAT's ongoing endeavours.



World AIDS Day



World AIDS Day, celebrated annually on 1st December, acknowledges those affected by HIV/AIDS through a variety of events highlighting awareness and education. For the day, JAT will be conducting assemblies in various primary and secondary schools further promoting awareness of HIV/AIDS. JAT has Jewish students collecting on university campuses and has acted as an advisor to all of the Jewish youth organisations who are planning a joint event as part of World AIDS Day. If you would like to raise awareness by selling red ribbons please contact the office on 020 8952 5253.

What young people say about us....

"JAT has made me more aware."
JFS Yr 9

"I enjoyed learning interesting and important facts"
King Solomon High School, Yr 10

"Informality with high level of information; very open, relaxed and comfortable"
BBYO Madrichim

"Well led and conducted, plenty of opportunity for debate and discussion; The JAT leader was very knowledgeable"
Habonim Madrichim

"Nice, nice, nice teacher, I learnt loads; everyone has something good about themselves, you just have to look"
Finchley Reform Synagogue, Yr 7

"I learnt how to run a session on relationships; Methods to keep the conversation sensible while informal"
RSY Madrichim

"The openness, maturity, lack of judgement; Interesting and informative"
Bnei Akiva Madrichim

"I learnt so much I'm not able to write it down"
Kerem, Yr 6

"JAT is a tremendous resource to use; open and honest; clear and concise."
Tribe Leadership Training

"I learnt how to cope with personal problems; what you are like inside is important, not what you look like outside."
Cloze Shalom, Yr 6

"Sessions are fun"
Wolfson Hillel, Yr 6

Call to Action

There are many way opportunities to help us. The main areas where volunteers are needed include education, fundraising and administration. For further information contact the office or visit our website. www.jat-uk.org



Director's Diary

Janine Clements

Since the last newsletter, as well as the day-to-day running of the charity and being responsible for all fundraising bids, I have been working on many different aspects of JAT's work. These include;

- Co-ordinating the design, launch and updating of the new JAT website in partnership with Peter England. (peter@krumb.co.uk). Since its inception the website has attracted 1820 new visitors.
- Designing a new postcard for students aged 16+ following a consultation with previous workshop participants.
- Writing and implementing JAT's 'Safeguarding Children and Young People Policy' and cascading training throughout the organisation from the Chair and trustees to staff, sessional workers and volunteers
- Being elected to the Sex Education Advisory Group and consulting on policy for the new White Paper on Sex and Relationships Education
- Submitting articles which were published in the Jewish News, Positive Nation and Baseline magazines
- Partnership working with LEAT and NAZ London in a multi-faith forum to share best practice from a faith perspective
- Recruitment, induction and supervision of the Office Administrator, Martin Howard and our intern Jennifer Evans

Embracing Faith

A Multi-Faith Approach to Relationships and Sex



We are very excited to announce that on 9th December, JAT will be conducting a Multi-Faith Education Forum in partnership with LEAT and NAZ. This will be held at Westminster Central Hall and delegates from a variety of professions, cultures and backgrounds will participate in identifying obstacles and seeking solutions to teaching Sex and Relationships Education from a faith perspective. This is a free event and if you would like to attend please contact Jennifer at intern@jat-uk.org or phone 020 8952 5253.



Education Highlights

Susanne Fraser - Education & Training Manager

- From September 2008 until Aug 2009, through all JAT Education programmes, we had face-to-face contact with 5872 people.
- JAT presented training at the Agency for Jewish Education's conference on delivering Sex and Relationships Education (SRE)
- After submitting an abstract JAT was fortunate in having a workshop accepted for the International SRE Conference 2009 in Birmingham. Our Director, Janine Clements, facilitated the workshop entitled 'Using a Single-Faith Cross-communal Model when Teaching SRE to the Wider Community'.
- JAT created an Information Booklet for all Jewish young people spending their Gap Year in Israel to keep them safe and informed whilst away from the UK.
- We received a small grant from Jewish Child's Day to research the need for SRE education for Jewish young people with physical and learning disabilities. We have started this process by interviewing parents and in the new year we will be visiting some education providers to discuss with students and their educators what specific needs and information they would like to receive.
- JAT has been asked by the Board of Deputies to assist with training their Pikuach School Inspectors and School Kodesh Improvement Partners (SKIPs)

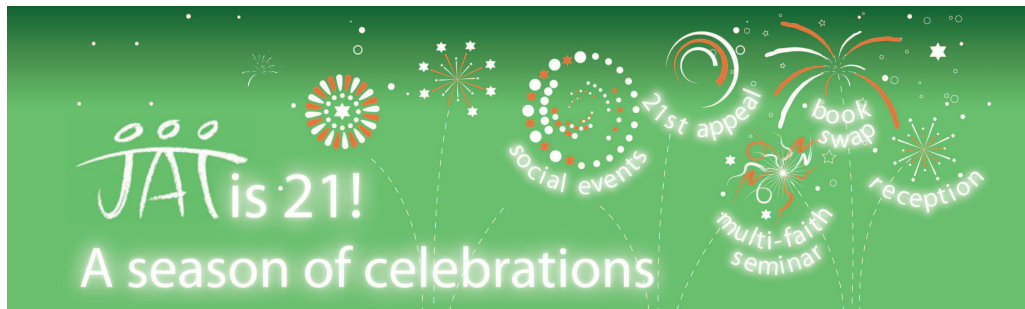


21K Event

13 people and a dog

On 15th November, 13 people and 1 loyal dog participated in our 21K Event throughout the area of JAT's office. As with the census in the bible where each of the men were told to bring half a shekel (a coin which did not exist) people found a partner with whom they completed the course by undertaking 10.5K each. Two ran and the others walked (at varying speeds) but all collected sponsorship money for their efforts. As it was Mitzvah Day 7 volunteers donated their time to safely marshal those involved along the way. Most importantly – the weather was kind and the bagels were fresh.

21st Anniversary Appeal



Help us do more with a 'Key to the Door'

A donation for our 21st Anniversary will ensure that we continue to educate Jewish young people, parents and educators in all aspects of relationships and sexual health, thus helping British Jews to make informed and safe life choices.

You can also help us to continue to offer emotional, social and financial support to Jewish people affected by HIV and their families/carers.



How your generosity will help us do more:

- £21 – Two-hours training a new JAT sessional worker
- £210 – 1000 educational STI leaflets
- £2,100 – One year's financial aid for 3 people living with HIV who are in need
- £21,000 – Annual education programmes for 2 schools: Yrs 7-13
- Other - All donations help to sustain our education and support projects – no amount is too small to help JAT make a difference.

Send your donation to JAT or click Give Now on our website www.jat-uk.org (stating '21st Appeal')

JAT - Jewish Action & Training for sexual health
 Berkeley House – First Floor
 18-24 High Street
 Edgware, Middx, HA8 7RP

NAME:
 ADDRESS:

Signature:

- I would like to know more about how I could be involved in JAT's work e.g. volunteering, sessional work, fundraising &/or Friends of JAT
- I confirm that I am a UK tax-payer & able to Gift Aid my donation to JAT

Charity No. 327936